



SWIM ENGLAND

ESSEX WINTER CHAMPIONSHIPS 2022



EVENT CONDITIONS

Event	ESSEX WINTER CHAMPIONSHIPS 2022 License number 2ER221475	
Date	14/15/16 OCTOBER 2022	
Venue	Basildon Sporting Village, Cranes Farm Ro Basildon, Essex SS14 3GR	
Pool	25m, 8 Lane pool with Electronic timing swimdown facilities	
Level	2	
Age Groups	OPEN	
Age On Day	31 ST DECEMBER 2022	
Awards	MEDALS – will be awarded to the top 3 swimmers in each Event overall - A Pennant will be awarded to the swimmer recordin The fastest time for each age 12, 13, 14 in each event	
Events	All 50 METRES 100 METRES, 200 METRES, 400 METRES, 800 METRES and 1500 METRES	
Race Entry Fee	£7.00 per event	
Spectator Entrance Fee	£3.50 per session	
Individual Entries	To be entered online Para swimmers via email essexswimming@btopenworld.com	
All Enquiries to		
All Eliquines to	essexswimming@btopenworld.com	
Closing Date	ENTRIES OPEN ONLINE 1 ST SEPTEMBER 2022 ENTRIES CLOSE 10PM 16 th SEPTEMBER 2022 ACCEPTED ENTRIES Will be published on the Essex swimming website On 20 th September 2022	
Meet Promoter	Lyndsey Motin	



RULES AND CONDITIONS

- This event will be held under Swim England Laws and regulations, technical rules of racing and to the Swim England Open Meet Licensing Criteria
- 2 A secondary strobe for the starting system will be made available
- Times must have been achieved after 1st October 2021 submitted times MUST be licensed and on the Rankings at the time of the closing date—times not on Rankings when checked will be rejected at the time of the accepted entries being published
- 4 All entries must be entered online at OPENS 1st SEPTEMBER 2022
- 5 Once submitted entries cannot be changed or altered
- The Swim England Essex Winter Championships 2022 will be swum as a SHORT Course Level 2 event and be open to Essex registered swimmers only
- 7 Swimmers must be members of a Swim England Essex Club and must be Registered as Category 2 Members of Swim England at the time of entry

Para swimmers please see separate conditions

- 8 Age on day is 31st December 2022 SWIMMERS MUST BE A MINIMUM OF 12YRS OLD ON THIS DATE
- 9 Championship medals will be awarded to the OVERALL top 3 swimmers in each event

ALL EVENTS ARE AGE 12/0VER

A Pennant will be awarded to swimmers aged 12,13,14 who record the fastest time for their age in each event

ALL EVENTS ARE HDW

- Entries may need to be restricted to ensure that the meet runs to time If this is necessary this will be done by rejecting the slowest entry time overall
 - Entries for the 1500m will be restricted to a maximum of 24 Male swimmers and 24 Female swimmers in each event
- ALL Submitted times MUST be Short Course (Converted 50m times using the sportsystems entry time converter software are allowed)

ENTRIES

All entries must be submitted online (Para swimmers please email essexswimming@btopenworld.com)

ALL entries are non- refundable – Refunds are not given under any circumstances

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This is an Open Competition ALL events are 12/Over and Medals will be awarded 12/Over

12 . WITHDRAWALS

All Withdrawals must be made using the correct form and given in at the results desk—withdrawals will close 1 hour before the published start time for each session - swimmers will then be expected to swim in events that they have not been withdrawn from

If a swimmer 'pulls out' of any event not having been withdrawn by the withdrawal deadline they will be withdrawn from all other events in that session

- 14 Withdrawals will not be accepted via email.
- Withdrawals after these deadlines can only be made at the discretion of the Promoter whose decision shall be final.
- 16 Failure to comply with these conditions shall result in a fine of £10 per swimmer per event, which will be invoiced to the club at the end of each day. This invoice must be paid before the competitor/club competes again in ANY Essex Championships.

17 TROPHIES

Overall Club Trophies will be awarded to

1st placed club

2nd placed club

3rd placed club

Points are awarded as follows 1^{st} =8points, 2^{nd} =7points, 3^{rd} =6points, 4^{th} =5points, 5^{th} =4points, 6^{th} =3points, 7^{th} =2points, 8^{th} =1point

The Higgs trophy will be presented to the Fasted 800m Female swimmer

18 Trophies will also be awarded to the top Male and female swimmers overall using the above points system

19 COACH PASSES

Coach/ Team manager Passes must be applied for online at a cost of £10 for the weekend– the link for coach passes will be sent out on 20th September 2022- Coach pass ratio 1:8 – each club may also have 1 Team Manager

A confirmation will be sent out of the Coach Pass allocations for each club along with the accepted entries on 20^{th} September 2022

20 VOLUNTEERS

Clubs represented by 10 or more swimmers are requested to provide a volunteer for each session to assist with the event- a link to an online form will be available from 1st September

All volunteers must be submitted online by the closing date

All volunteers must be a member of Swim England

21 SPECTATORS

Spectators' tickets will be available ONLINE ONLY and will open on 21st September 2022 Spectators' tickets will be £3.50 per session for all spectators and will be limited to 2 tickets per swimmer Tickets will not be available to purchase on the door Spectator tickets are non-refundable

22 COVID 19

Separate rules regarding Covid 19 will be published at least 1 week prior to the competition

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Please note that any decision regarding cancelation of this event will be made with at least 1 week's notice and will be made by the Essex Swimming Committee.

If the decision has to be made to cancel the event a full refund will be given to each club

23 OTHER INFORMATION

23.1 MOBILE PHONES OR ANY OTHER IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA BY SWIMMERS AT ANY TIME

If a swimmer is caught with their phone or image capturing device 'out' whilst in the changing village at ANY TIME, this will result in instant removal from the competition

SWIMMING BAGS

Large swimming bags are not permitted on poolside at any venue and will be removed from poolside if found

<u>There will be staff on the entrance to poolside at both entrances to poolside – The only bags</u> permitted on poolside are a small drawstring bag. All other bags will need to be left in lockers

- 23.2 Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
- 23.3 Coaches or Team Managers are responsible for the swimmers' conduct at all times. Swimmers under the age of 14 must be supervised at all times when on the event premises
- 23.4 By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
- 23.5 The promoters reserve the right to refuse admission to any competitor or spectator.
- 23.6 The promoters of this event are Lyndsey Motin & Phill Nice
- 23.7 Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws



SCHEDULE OF EVENTS

FRIDAY 14 TH OCTOBER WARM UP 6PM SESSION 1	
BOYS/GIRLS 12/OVER 1500 FREESTYLE SATURDAY 15TH OCTOBER WARM UP 1PM SESSION 2	SUNDAY 16TH OCTOBER WARM UP 1PM SESSION 5
BOYS 12/OVER 400 IM	GIRLS 12/OVER 400 IM
GIRLS 12/OVER 400 FREESTYLE	BOYS 12/OVER 400 FREESTYLE
BOYS 12/OVER 50 BREASTSTROKE	GIRLS 12/OVER 50 BREASTSTROKE
GIRLS 12/OVER 50 FREESTYLE	BOYS 12/OVER 50 FREESTYLE
BOYS 12/OVER 200 BUTTERFLY	GIRLS 12/OVER 200 BUTTERFLY
GIRLS 100 BACKSTROKE	BOYS 100 BACKSTROKE
SESSION 3 WARM UP TBC	SESSION 6 WARM UP TBC
BOYS 12/OVER 200 IM	GIRLS 12/OVER 200 IM
GIRLS 12/OVER 200 FREESTYLE	BOYS 12/OVER 200 FREESTYLE
BOYS 12/OVER 100 BREASTSTROKE	GIRLS 12/OVER 100 BREASTSTROKE
GIRLS 12/OVER 50 BUTTERFLY	BOYS 12/OVER 50 BUTTERFLY
BOYS 12/OVER 50 BACKSTROKE	GIRLS 12/OVER 50 BACKSTROKE
GIRLS 12/OVER 100 IM	BOYS 12/OVER 100 IM
BOYS 12/OVER 800 FREESTYLE	GIRLS 12/OVER 800 FREESTYLE
SESSION 4 WARM UP TBC	SESSION 7 WARM UP TBC
GIRLS 12/OVER 200 BREASTSTROKE	BOYS 12/OVER 200 BREASTSTROKE
BOYS 12/OVER 100 BUTTERFLY	GIRLS 12/OVER 100 BUTTERFLY
GIRLS 12/OVER 100 BUTTERFLY	BOYS 12/OVER 100 BUTTERFLY
BOYS 12/OVER 100 FREESTYLE	GIRLS 12/OVER 100 FREESTYLE
GIRLS 12/OVER 200 BACKSTROKE	BOYS 12/OVER 200 BACKSTROKE



QUALIFYING TIMES

SC TIMES

BOYS 12 Years/over	Events	GIRLS 12 Years/over
45.0	50m Back	45.0
50.0	50m Breast	50.0
50.0	50m Fly	50.0
45.0	50m Free	45.0
1.50.0	100m Back	1.50.0
2.00.0	100m Breast	2.00.0
2.00.0	100m Fly	2.00.0
1.50.0	100m Free	1.50.0
3.00.0	200m Back	3.00.0
3.10.0	200m Breast	3.10.0
3.00.0	200m Fly	3.00.0
3.00.0	200m Free	3.00.0
5.30.0	400m Free	5.30.0
3.00.0	200m I/M	3.00.0
6.00.0	400m I/M	6.00.0
2.15.0	100 I/M	2.15.0
10:10.00	SOOM FREE	10:10.00
20:00.00	1500M FREE	20:00.00



Para-Swimming Championships Conditions

Please note:

•These supplementary conditions are to be adhered to together with the general conditions for The Essex WINTER Championships 2022

1.The Events:

TIE EVEITS.		
Event	Classifications	
50m Freestyle	S1 – S14	
100m Freestyle	S1 – S14	
200m Freestyle	S1 – S5 + S14	
50m Butterfly	S1 – S7	
100m Butterfly	S8 – S14	
50m Backstroke	S1 – S5	
100m Backstroke	S1 – S14	
50m Breaststroke	SB1 – SB3	
100m Breaststroke	SB4 - SB14	
200m IM	SM5 - SM14	

2. Eligibility

The above events in the Championships are open to competitors whose ASA Membership Record includes the relevant IPC Para-Swimming Sport Class, as shown above and who meet the Qualifying Entry times

3.Support staff

A Competitor may have 1 support staff in attendance- This must be applied for and all applicants must hold a current DBS

4.Medals

Medals shall be awarded on a multi-class timed final basis, to 1st, 2nd and 3rd placed competitors, based on the British Para-Swimming Points System.

ENTRY PROCEDURE FOR PARA SWIMMERS

- 1. A covering email must then be sent to the Meet Manager In your email you MUST include the swimmers Swim England number and time for each event essexswimming@btopenworld.com -Para swimmers' entries cannot be entered online
- 2. All Para swimmers will swim with their correct age group
- 3. Failure to follow this entry procedure will mean that the entry will be declined
- 4. Late entries will not be accepted



Para-Swimming Championships Qualifying Standards

MALE	EVENT & CATEGORY	FEMALE	
	50m Freestyle		
03:14.02	S 1	03:16.58	
02:44.68	S2	02:55.73	
02:17.79	S 3	02:20.77	
02:08.50	S4	02:15.71	
1.58.00	S 5	2.00.40	
1.53.00	S6	1.59.00	
1.49.00	S 7	1.58.00	
1.47.00	S8	1.56.00	
1.45.00	S9	1.50.00	
1.42.00	S10	1.48.00	
1.47.00	S11	1.53.00	
1.46.00	S12	1.46.00	
1.43.00	S13	1.49.00	
1.46.00	S14	1.47.00	
	100m Freestyle		
05:20.14	S1	06:40.41	
04:20.73	S2	04:40.30	
03:40.34	S3	3:50.66	
3:10.95	S4	03:30.77	
03:00.61	S5	03:10.70	
02:50.82	S6	03:00.18	
02:40.40	S7	02:50.30	
02:30.51	S8	02:40.17	
02:30.34	S9	02:40.58	
02:20.43	S10	02:40.73	
02:30.36	S11	02:50.01	
02:20.58	S12	02:30.00	
02:20.70	S13	02:40.78	
02:30.84	S14	02:40.59	
200m Freestyle			
09:50.41	S1	10:40.89	
07:30.89	S2	09:20.07	
05:50.46	S3	06:40.48	
05:00.59	S4	05:30.87	
05:00.02	S5	05:10.59	
04:20.71	S14	04:40.93	

Male		Female	
	50m Butterfly		
4.06.00	S2	03:05.89	
02.55.0	S3	01:52.42	
02:44.52	S4	02:44.98	
02:19.24	S5	01:13.42	
02.00.00	S6	01:00.66	
1.50.00	S 7	57.12	
	100m Butterfly		
02:40.89	S8	01:54.36	
02:38.86	S9	01:55.11	
02:34.04	S10	01:53.29	
02:44.78	S11	02:18.58	
02:36.07	S12	01:52.71	
02:33.18	S13	01:51.13	
02:38.02	S14	01:55.91	



MALE	EVENT & CATEGORY	FEMALE	
	50m Backstroke		
03:10.22	S1	03:38.46	
02:38.44	S2	02:45.26	
2:15.37	S3	02:46.71	
02:14.34	S4	02:27.10	
02:01.10	S5	02:11.19	
	100m Backstroke		
06:18.90	S1	07:11.90	
04:41.39	S2	04:53.30	
02:59.95	S6	03:19.97	
02:56.10	S7	03:17.94	
02:45.84	S8	03:07.87	
02:43.97	S9	02:55.57	
02:39.17	S10	02:52.43	
02:51.15	S11	02:09.42	
02:39.25	S12	02:52.85	
02:37.09	S13	02:59.90	
02:42.82	S14	02:48.75	
50m Breaststroke			
04:28.32	SB1	04.30.00	
02:35.62	SB2	03:04.11	
02:22.29	SB3	02:47.66	

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	EVENT &		
MALE	CATEGORY	FEMALE	
	100m Breaststroke		
03:38.57	SB4	04:08.87	
03:36.07	SB5	03:57.86	
03:15.75	SB6	03:44.48	
03:14.26	SB7	03:32.12	
02:56.63	SB8	03:14.92	
02:50.84	SB9	03:07.50	
02:58.65	SB11	03:26.98	
02:50.15	SB12	03:10.60	
02:50.30	SB13	03:10.28	
02:55.72	SB14	03:15.95	
_	200m IM		
06:21.85	SM5	06:36.73	
05:26.01	SM6	06:13.85	
05:14.49	SM7	05:55.86	
04:57.59	SM8	05:21.86	
04:43.51	SM9	05:12.94	
04:34.78	SM10	05:05.13	
04:57.32	SM11	05:47.54	
04:35.80	SM12	04:59.97	
04:31.26	SM13	04:50.58	
04:45.28	SM14	04:55.69	